

# TB SURVIVOR NARRATIVES

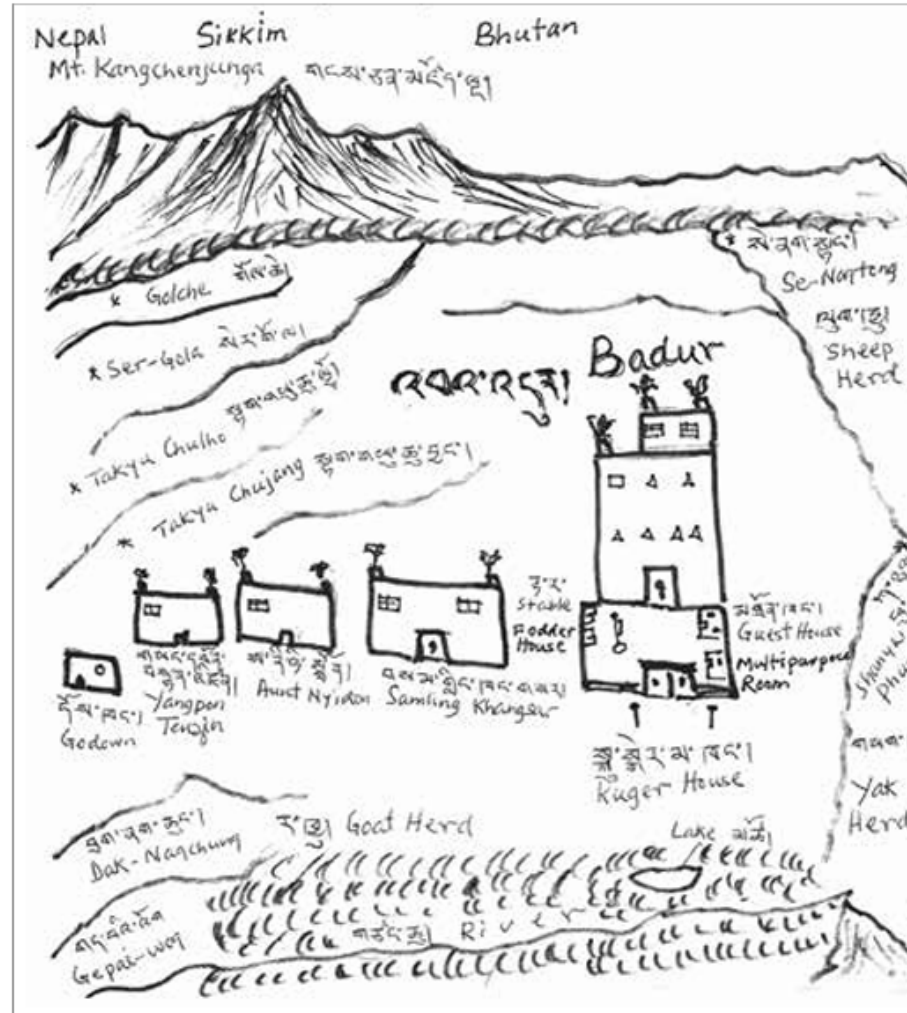
ON THE IMPORTANCE OF HOLISTIC, COMPASSIONATE, FAMILY-CENTERED CARE

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Wisconsin Virtual TB Summit

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# TIBET BEFORE THE CHINESE OCCUPATION



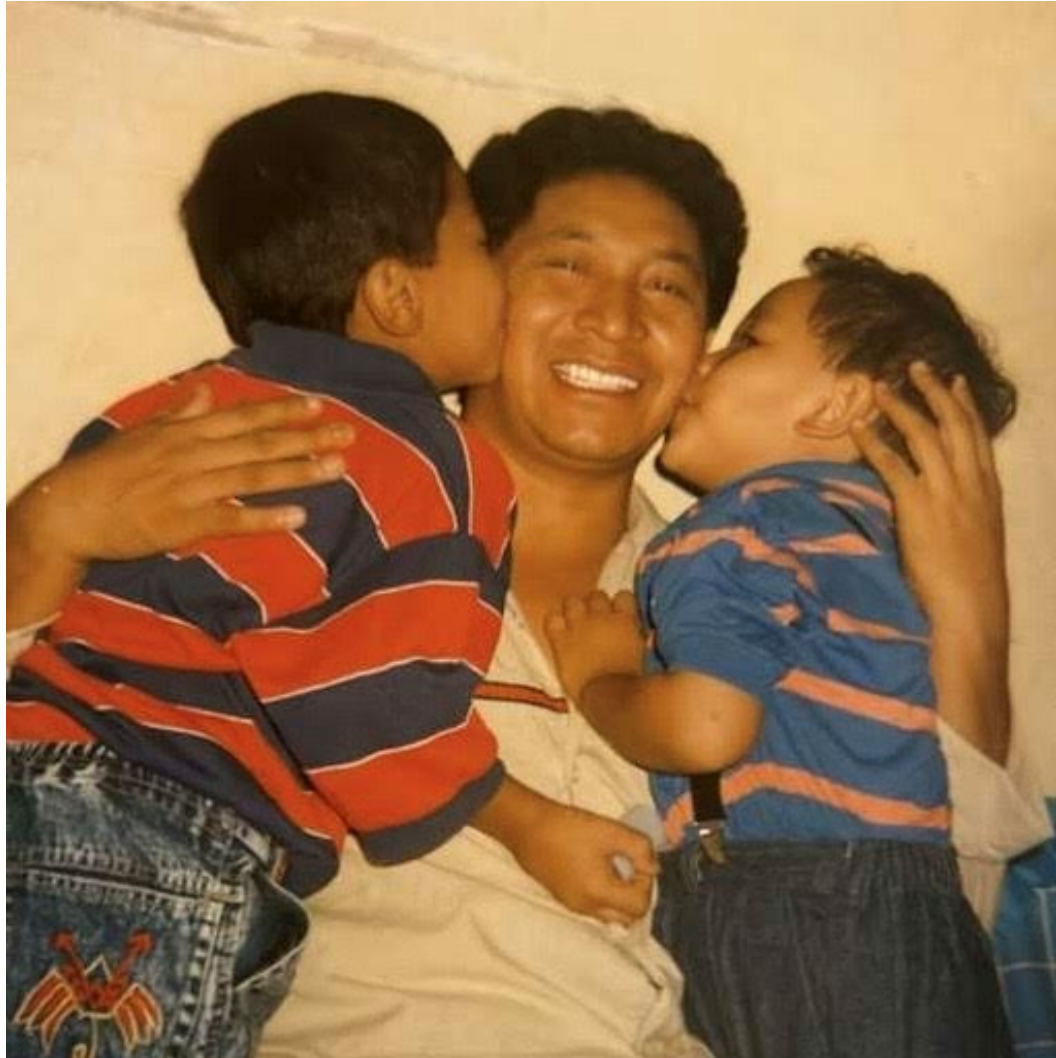
Sketch of my home place Badur at Gampa under Gyantse Dzong in Tibet, with my home, neighbors, and the six leased pasturelands in 1960. Now, nothing exists. The Chinese military had destroyed everything in 1960.

# EARLY CHILDHOOD IN INDIA



Principal Mr. E.G. Menon with the four school captains Enchey Senior Secondary School, Gangtok, Sikkim in 1971. I am on the far right.

# LIFE IN THE TIBETAN SETTLEMENTS IN INDIA

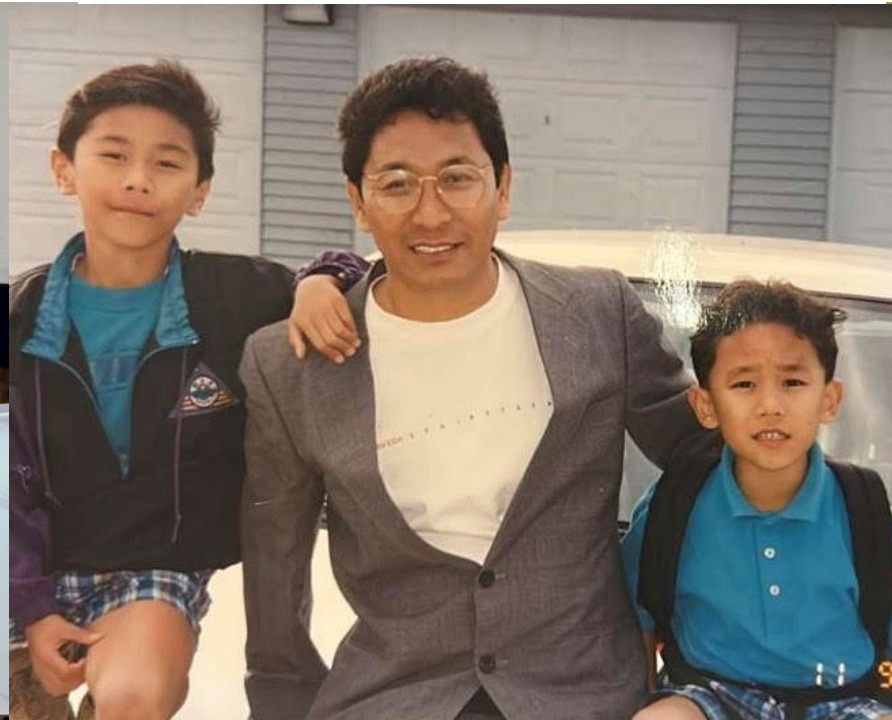


Department of Education, the Central Tibetan Administration, Dharamshala, India in 1982.



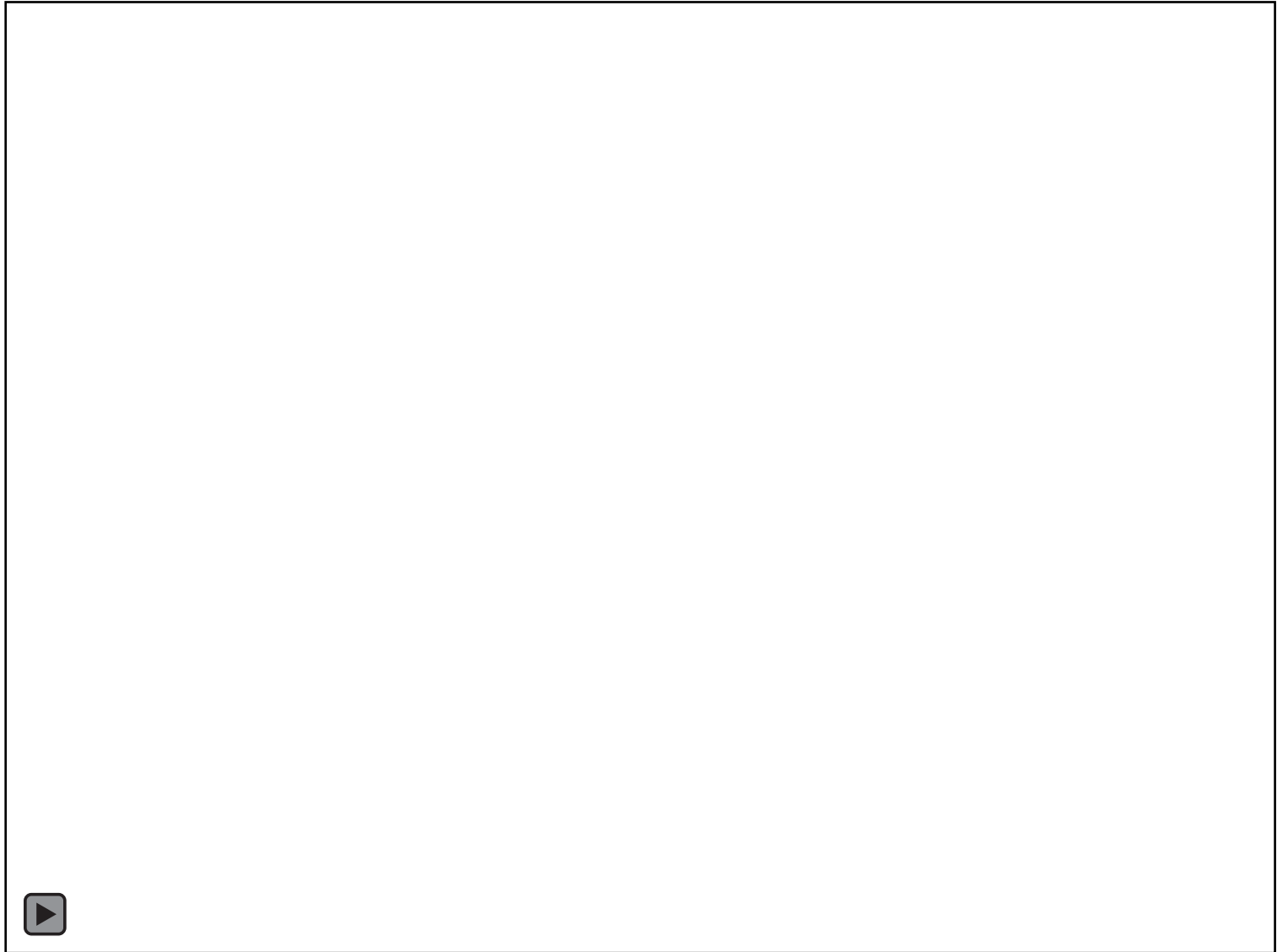
As a Tibetan Settlement Officer, Doeguling Tibetan Settlement, Mundgod in 1994.  
Seated: CTA Home Kalon (Minister) Sonam Topgyal and Officials.

# MY EXPERIENCE WITH TB IN WISCONSIN









# KEY LEARNINGS FROM MINI-GRANT PROJECT ON TB & TIBETAN AMERICANS IN WISCONSIN

- Stigma is nuanced and complex, partly due to the unfortunate familiarity of TB
- The change in TB education and awareness over the past few decades
- The role and impact of socioeconomic, political, and historical contexts on people's health
- Community-centered ways of being as an asset and a facilitator for building resilience

# KEY ASPECTS OF PERSON-CENTERED CARE

- Family-centered approach
- Holistic and integrated care
- Equity, access, and free of/protection from stigma and discrimination
- Compassionate care



*"Compassion is a state of mind unable to bear the sufferings of others."*

His Holiness the 14<sup>th</sup> Dalai Lama

*"The moral responsibility of the healer is to step inside patients' experiences and accompany them through the worst moments with empathy and expertise."*

Dr. Arthur Kleinman on Dr. Paul Farmer's philosophy of accompaniment and care





# QUESTIONS & ANSWERS



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