

# DIAGNOSTIC TESTING FOR MYCOBACTERIUM TUBERCULOSIS COMPLEX

LOCAL, STATE-WIDE, AND NATIONAL

Nate Simon WI TB Program Laboratory Coordinator WI State Lab of Hygiene – Communicable Diseases Division 04/02/2024



- TB diagnostic testing in WI
  - WMLN and current state of TB testing
  - WSLH TB testing
- Additional testing options outside WSLH
- WSLH testing updates and plans for the future



# WISCONSIN MYCOBACTERIOLOGY LABORATORY NETWORK (WMLN)

### • WMLN was started in 1998

- Mission: Ensure state-wide access to rapid and reliable TB testing
- Coordinated by WSLH, collaboration between public health and clinical labs, local and state public health departments, and other healthcare professionals
  - Infrastructure for communication
  - Education and outreach activities
  - Assessment of state lab capacity
  - Annual conference
  - Laboratory-based surveillance



## WMLN LABORATORIES: CONSOLIDATION OF TESTING



2023\*: 16 laboratories Bayfield Douglas performing AFB testing Iron 3 perform AFB ID Ashland Vilas Nashburn Saywer Burnett Florence Price Oneida Forest Rusk Barron Polk Marinette Lincoln Langlade Taylor St. Croix Chippewa Dunn Menominee Marathon Oconto  $\bigstar$ Shawano Eau Claire Clark Pierce ☆ Door Pepin Waupaca Portage Kewaun Outagamie Wood 烝 Buffalo ☆ Jackson Brown Trempealeau Winnebad Manitowoc Waushara  $\bigstar$ ☆Smear and Culture Only Monroe LaCross Marquette Green Fond du Lar 🛧 Some level of Identification Juneau Sheboyga City of Milwaukee Health Department Laboratory Vernon Columbia Sauk Ozauk/ Dodae Richland Washingtor Crawford Dane Waukesha ☆ Jefferson lowa Grant Racine Green Rock LaFayette Walworth Kenosh

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## Reagent shortages

- Procurement of both liquid and solid media has been a recurring issue for WMLN labs and WSLH
- Discontinuation of AFB testing products
  - Despite global significance, mycobacteria testing is not financially attractive in the US
  - Discontinuation of Hologic Mycobacteria Accuprobes in late 2022

# HOLOGIC'

### AccuProbe® MYCOBACTERIUM TUBERCULOSIS COMPLEX CULTURE IDENTIFICATION TEST

#### INTENDED USE

The ACCUPROBE MYCOBACTERIUM TUBERCULOSIS COMPLEX CULTURE IDENTIFICATION TEST is a rapid DNA probe test which utilizes the technique of nucleic acid hybridization for the identification of *Mycobacterium tuberculosis* (TB Complex) isolated from culture. The TB Complex consists of the following species: *M. tuberculosis, M. bovis, M. bovis BCG, M. africanum, M. microti* (8), and *M. canetti* (11).

https://www.hologic.com/package-inserts/diagnostic-products/accuprobe-culture-identification-tests

# MYCOBACTERIOLOGY AT THE WI STATE LAB OF HYGIENE

# Full-service mycobacteriology laboratory

- Fully commissioned BSL-3 lab space
- Primary diagnostic facility receiving clinical specimens from:
  - 2 large Madison-area hospitals
  - Public Health Departments state-wide
- Reference laboratory
  - Mycobacteria ID and NAAT testing for clinical labs in WI
- Public health laboratory

# **MYCOBACTERIOLOGY TESTING AT WSLH**





- Detect *M. tuberculosis* complex and *M. avium* complex directly from processed sediment
- Automatically performed on all new smear-positive specimens from WI
  - Respiratory and **non-respiratory sources**
  - Fee-exempt testing for up to 2 specimens per patient
- Testing of AFB smear-negative respiratory specimens at request of WITB Program
- Diagnostic testing only!
  - Positive TB PCR results are confirmatory for tuberculosis disease
  - Testing not acceptable on patients with mycobacterial diagnosis in last 12 months or patients on TB treatment for >7 days

# MTBC DRUG SUSCEPTIBILITY TESTING (DST)

- WI has low TB rate with low levels of drug-resistant TB
- Guide for choosing treatment plan—provide the best chance of a cure and lower development of resistance
- Initiate appropriate treatment for contacts of infectious cases

### TB Strain in India Resists All Drugs

dll the disease provide favorable trol program, said the governconditions for mutation of new, "seriously addressing" stronger strains. ing drug-resistance Experts of the World Health Organization met in Geneva to scuss untreatable TB in March. according to documents re ewed by the Journal. They de cided against creating a "totally vized and a new drug-resistant" category because the condition was difficult to India in Race to Cor Untreatable Tub

### Maria

FROM PAGE ONE

Alarming levels of drug-resistant TB found worldwide

#### By Kate Kelland

LONDON (Reuters) - Scientists have found an alarming number of cases of the lung disease tuberculosis in Africa, Asia, Europe and Latin America that are resistant to up to four powerful antibiotic drugs.

In a large international study published in the Lancat medical journal on Thursday, researchers found rages of both multi drug-resistant TB (MDR-TB) and extensively drugresistant TB (XDR-TB) were higher than previously thought and were threatening global efforts to curb the spread of the classas.

"Most international recommendations for TB control have been developed for MOR-7B prevalance of up to around 5 percent. Yet now we face prevalence up to 10 times higher in some places, where almost haif of the patients ... are transmitting MDR strains, "See Hoffner of the Swedish Institute for Communicable Disease Control, said in a commentary on the study.

TB is already a worldwide pandemic that infacted 8.8 million people and killed 1.4 million in 2010.

Drug-resistant TB is more difficult and costly than normal TB to treat, and is more often fatal.

MDR. TB is resistant to at least two first-line drugs — isoniacid and n'ampicin - while XDR. TB is resistant to those two drugs as well as a powerful antibiotic type called a fluoroquingione and a second-line injectable antibiotic.

Treating even normal TB is a long process, with patients needing to take a cocidal of powerful antibiotics for six months. Many patients fa complete their treatment correctly, a factor which has fuelled a rise in the drug-resistant forms.

Researchers who studied rates of the disease in Estonia, Latvia, Peru, the Philippines, Russia, South Africa, South Korea and Thailand for almost 44 parcent of cases of MDR TB were also resistant to at least one second-line drug.

Tom Evans, chief scientific officer at Aeras, a non-profit group working to develop new TB vaccines, told Rauters treatment options for XD patients were "Imited, expensive and toxic".

Treatments for drug-resistant TB can cost 200 times more than those for normal TB, he said in an emailed statement. They can also caus severe side effects like dealness and psychosis, and can take two years to complete, he added.

In the United States, MDR-TB treatment can cost \$250,000 or more per patient, and in many poorer countries costs can be catastrophic to health systems and patients' families.

"Without a robust pipeline of new drugs to stay one step ahead, it will be nearly impossible to treat our way out of this epidemic," Evans s SPREADS THROUGH AIR

Tracy Dation from the United States Centers for Disease Control and Prevention, who led the Lancet study, said that so far, XDR-TB has i reacrited in 72 countries work/wide.

DISPATCHES

### Bedaquiline Resistance after Effective Treatment of Multidrug-Resistant Tuberculosis, Namibia

### **TESTING FOR TB DRUG RESISTANCE IS SLOOOOOW**



Phenotypic AST: Incubate a standardized concentration of *M. tuberculosis* complex isolate with a known concentration of a drug

• Does the isolate grow?

# WSLH DRUG SUSCEPTIBILITY TESTING: METHODS

- Phenotypic BD MGIT IIRE/P
  - Performed weekly as needed, one isolate tested per patient
  - Resistant isolates confirmed by repeat testing
  - Rifampin-resistance, or resistance to multiple drugs, is reflexed to CDC for additional molecular testing
  - 4-13 days from when AST is set up to results
- Molecular GeneXpert MTB/RIF
  - Performed on newly identified TB PCR-positive sediment (respiratory sources only) or TB-positive cultures (in-house or referred)
  - Rifampin-resistance prediction reflexed to CDC for additional molecular testing

# MTBC DIAGNOSTIC TESTING OUTSIDE WI

- National Reference Laboratories
  - Mayo Clinic Laboratories
  - National Jewish Health Advanced Diagnostic Laboratories
  - ARUP Laboratories
- Regional or National Public Health Laboratories
  - Centers for Disease Control and Prevention TB Reference Laboratory
  - California Department of Public Health Microbial Diseases Laboratory
  - New York Department of Health at Wadsworth Center



### **Centers for Disease Control and Prevention**

National Tuberculosis Reference Laboratory

<ul> <li>Molecular Detection of D</li> </ul>	Drug Resistance
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- Targeted next-generation sequencing (tNGS)
- 15 gene targets covering 11+ drugs
  - RIF, INH, EMB, PZA, FQ, AMK, CAP, KAN, BDQ, CLF, LZD
- Molecular data confirmed with phenotypic testing for majority of drugs

\*\*Pre-approval required for all testing

MTBC Agar Proportion Susceptibility*	<u>% Resistant</u>	<b>Interpretation</b>
Isoniazid 0.2 µg/mL	100 %	Resistant
Isoniazid 1.0 µg/mL	100 %	Resistant
Isoniazid 5.0 µg/mL	67 %	Resistant
Rifampin 1.0 µg/mL	0 %	Susceptible
Ethambutol 5.0 µg/mL	33 %	Resistant
Streptomycin 2.0 µg/mL	100 %	Resistant
Streptomycin 10.0 µg/mL	33 %	Resistant
Rifabutin 2.0 µg/mL	0 %	Susceptible
Ciprofloxacin 2.0 µg/mL	0 %	Susceptible
Kanamycin 5.0 µg/mL	0 %	Susceptible
Ethionamide 10.0 µg/mL	0 %	Susceptible
Capreomycin 10.0 µg/mL	0 %	Susceptible
PAS 2.0 µg/mL	0 %	Susceptible
Ofloxacin 2.0 µg/mL	0 %	Susceptible
Amikacin 4.0 µg/mL	0 %	Susceptible



- Pathologic or Molecular Evaluation of Fixed Tissues for Possible Infectious Etiologies
  - MTBC PCR from fixed specimens (FFPE blocks)
  - If MTBC is detected, will forward DNA for MDDR testing
  - Useful in cases where patients are culture-negative, but may have tissue blocks available from biopsy and MTBC confirmation is important to care

\*\*Recommend working with State Lab to submit these specimens, as the requirements and paperwork are very specific



## **MICROBIAL DISEASES LABORATORY BRANCH**

- National MTBC Drug Susceptibility Testing Reference Center
- Phenotypic MTBC DST
  - Standard first-line drugs
  - 4-month rifapentine-moxifloxacin regimen
  - Second-line drugs AMK, CAP, ETA, KAN, RFB
- MDDR by whole-genome sequencing

\*\*Enrollment restricted to public health laboratories performing MTBC DST on fewer than 50 isolates per year OR requires pre-approval from APHL



- WSLH currently performs GeneXpert MTB/RIF assay on all new TB patients in WI
  - Sputum, BAL sediments
  - Broth or solid media culture isolates
  - Reflex testing only!
- Coming soon: validation of GeneXpert MTB/RIF from tissue specimens
  - Don't currently have a fee-exempt referral lab able to test extra-pulmonary specimens



Cepheid

### **TESTING FOR TB DRUG RESISTANCE IS SLOOOOOW**





MTBC is an excellent organism for molecular drug resistance prediction

- TB mutation rate is very slow (0.3-0.5 SNP/genome/year)
- No evidence of recombination or plasmid transfer
- WHO has compiled extensive list of MTBC mutations and their significance
  - 144 pp, >52,000 isolates sequenced





- WSLH was one of ten Antibiotic Resistance Lab Network pilot sites for validation of MTBC WGS for prediction of drug resistance
- Currently working through a CLIA-level validation for use of WGS for diagnostic TB DST prediction
  - Results reported for individual patient care
    - **MTBC ID** including *M. bovis*/BCG
    - **Drug susceptibility prediction-** 1<sup>st</sup> line drugs (INH, RIF, EMB, PZA)
  - Relatedness/genotyping reported to public health only

# MTBC DRUG SUSCEPTIBILITY PREDICTIONS

Taxonomic report:	rpoB: PASS	CLIMS SECTION:
Unclassified reads: 0.09%	furA-katG promoter region: PASS	
	oxyR-ahpC promoter region: PASS inhA: PASS	Sample ID WI257
Mycobacterium tuberculosis complex 99.89%	mabA-inha promoter region: PASS Analysis Date 12/21/2023	
Mycobacterium bovis 7.77% Mycobacterium bovis BCG 2.72%	pncA: PASS	
	embB: PASS	Test Property Notation Result
RD1 region absent, likely Mycobacterium bovis BCG	embC-embA promoter region: PASS rpsL: PASS	WGS HT CONE MULTATION PROB PASS No high-confidence mutation
	rrs 512, 513, 516, 906: PASS	WGS_IT_CONF_MUTATION Late PASS No high-confidence mutation
Mycobacterium Species detected : Mycobacterium bovis BCG	eis promoter region: PASS	WS_II_CONF_MUTATION Rate PASS No high-confidence metation
RIF	gyrA: PASS gyrB: PASS	WSS_NI_CONF_MUTATION OXYR-anpc promoter region rass wo high-confidence indication
Mapping Statistics (Downsampled ratio 0.980630565600288) :	ethA: PASS	WGS_HI_CONF_MUTATION INTA PASS No nigh-contidence mutation
Total # of manad made	rrl: PASS	WGS_HI_CONF_MUTATION madA-innA promoter region PASS No high-confidence mutation
Percent of mapped reads: 2240034	rpic: PASS ndh: PASS	WGS_HI_CONF_MUTATION mabA PASS No high-confidence mutation
Genome Coverage = 0.969308	gidB: PASS fbiD: PASS	WGS_HI_CONF_MUTATION pncA PASS His57Asp
Average Depth = 111.326	fbiA: PASS	WGS_HI_CONF_MUTATION pncA promoter region PASS No high-confidence mutation
# Homozygous positions = 4213184	fbiC: PASS	WGS_HI_CONF_MUTATION embB PASS No high-confidence mutation
<pre># Heterozygous positions = 331</pre>	Rv0678: PASS atpE: PASS	WGS_HI_CONF_MUTATION embC-embA promoter region PASS No high-confidence mutation
Percentage of Heterozygous Positions: 0.0079%	pepQ: PASS	WGS_HI_CONF_MUTATION rpsL PASS No high-confidence mutation
		WGS HI CONF MUTATION rrs 512, 513, 516, 906 PASS No high-confidence mutation
All Mutations in screened loci:		WGS HI CONF MUTATION rrs 1400 PASS No high-confidence mutation
5/50 1/1 GIG -> GIA VAI -> VAI RV0005 gyrB Fluoroquinoiones 6404 389 AAC -> AAT Asn -> Asn RV0005 gyrB Fluoroquinoiones	1/1 (Pure) (Silent) 1/1 (Pure) (Silent)	WGS HI CONF MUTATION eis promoter region PASS No high-confidence mutation
7362 21 GAG -> CAG Glu -> Gln Rv0006 gyrA Fluoroquinolones	1/1 (Pure) (Neutral) 1/1 (Pure) (Neutral)	WGS HI CONF MUTATION gyrA PASS No high-confidence mutation
7584     95     AGC -> ACC     Ser -> Thr     RV0006     gyrA     Fluoroquinoiones       8283     328     ATC -> ATT     Ile -> Ile     Rv0006     gyrA     Fluoroquinoiones	1/1 (Pure) (Neutral) 1/1 (Pure) (Silent)	WGS HT CONE MUTATION gyrB PASS No high-confidence mutation
8622 441 CGG -> CGT Arg -> Arg RV0006 gyrA Fluoroquinolones 8739 480 CGC -> CGT Arg -> Arg RV0006 gyrA Fluoroquinolones	1/1 (Pure) (Silent) 1/1 (Pure) (Silent)	WGS_HI_CONF_MUTATION =thA PASS No high_confidence mutation
9141 614 ATT -> ATC IIe -> IIe RV0006 gyrA Fluoroquinolones 9303 668 GGC -> GAC Gly -> Asp RV0006 gyrA Fluoroquinolones	1/1 (Pure) (Silent) 1/1 (Pure) (Neutral)	WS_IT_CONF_MUTATION COLO PASS No high confidence mutation
491740 320 TTT -> TTC Phe -> Phe Rv0407 fgd1 Delamanid/Pretomanid 763029 1075 GCT -> GCC Ala -> Ala Rv0667 rpoB Rifampin 1/1 (Pu	1/1 (Pure) (Silent) ure) (Silent)	WSS_NI_CONF_MUTATION FILE PASS No high-confidence mutation
763574 69 CGC -> CCC Arg -> Pro Rv0668 rpoC Rifampin compensatory 776101 794 ACC -> ATC Thr -> Ile Rv0676c mmpL5 Clofazimine/Bedaquiline	1/1 (Pure) (Neutral) e 1/1 (Pure) (Neutral)	WSS_HI_CONF_MOTATION PPIC PASS NO High-contidence indiacion
775639 948 ATT -> GTT Ile -> Val Rv0676c mmpL5 Clofazimine/Bedaquiline 781566 3 ACC -> ACT Thr -> Thr Rv0682 rpsL Streptomycin 1/1 (Pu	<pre>1/1 (Pure) (Neutral) ure) (Silent)</pre>	
1417554 -207 C -> G intergenic Rv1268c-embR Rv1268c-embR promoter region 1917970 11 CTA -> CTG Leu -> Leu Rv1694 tlyA Aminoglycosides 1/1 (Pu	Ethambutol 1/1 (Pure) (Neutral) ure) (Silent)	WGS_IB_RESISTANCE RITAMPIN PASS SUSCEPTIDIE
2102106 313 GGG -> CGG Gly -> Arg Rv1854c ndh Isoniazid 1/1 (Pu 2103174 -131 Intergenic deletion -G intergenic ndh ndh promoter region	Isoniazid 1/1 (Pure) (Unknown)	WGS_TB_RESISTANCE ISONIAZIO PASS SUSCEPTIDIE
2156027 29 CCC -> CCA Pro -> Pro Rv1908c katG Isoniazid 1/1 (Pu 2155505 203 ACC -> ACT Thr -> Thr Rv1908c katG Isoniazid 1/1 (Pu	ure) (Silent) ure) (Silent)	WGS_TB_RESISTANCE Pyrazinamide PASS RESISTANT (predicted)
2154725 463 CGG -> CTG Arg -> Leu Rv1908c katG Isoniazid 1/1 (Pu 2156466 43 GCC -> GTC Ala -> Val Rv1909c furA Isoniazid 1/1 (Pu	ure) (Neutral) ure) (Neutral)	WGS_TB_RESISTANCE Ethambutol PASS Susceptible
2289073 57 CAC -> GAC His -> Asp Rv2043C pncA Pyrazinamide 1/1 (Pu 3336825 365 ACA -> GCA Thr -> Ala Rv2981c ddlA D-Cycloserine 1/1 (Pu	ure) (HC mutation) ure) (Neutral)	WGS_TB_RESISTANCE Streptomycin PASS Susceptible
4038403 768 TTG -> CTG Leu -> Leu Rv3596c clpC1 Pyrazinamide 1/1 (Pu 4240670 270 ACC -> ATC Thr -> Ile Rc3793 embC Ethambutol 1/1 (Pu	ure) (Silent) ure) (Neutral)	WGS_TB_RESISTANCE Kanamycin/Amikacin PASS Susceptible
4242029 723 CTG -> TTG Leu -> Leu Rc3793 embC Ethambutol 1/1 (Pu 4242641 927 CGC -> CGT Arg -> Arg Rc3793 embC Ethambutol 1/1 (Pu	ure) (Silent) ure) (Silent)	WGS_TB_RESISTANCE Fluoroquinolones PASS Susceptible
4242968 1036 ACC -> ACT Thr -> Thr Rc3793 embC Ethambutol 1/1 (Pi 4244220 330 CTG -> TTG Leu -> Leu Rv3794 embA Ethambutol 1/1 (Pi	ure) (Silent) ure) (Silent)	WGS_TB_RESISTANCE Ethionamid PASS Susceptible
4246550 13 AAT -> AGT Asn -> Ser Rv3795 emb8 Ethambutol 1/1 (Pi 4246862 117 GTC -> GTT Val -> Val Rv3795 emb8 Ethambutol 1/1 (Pi	ure) (Neutral) ure) (Silent)	WGS TB RESISTANCE Linezolid PASS Susceptible
4247171 220 CTG -> CTA Leu -> Leu Rv3795 embB Ethambutol 1/1 (Pi 4247645 378 GAG -> GCG Glu -> Ala Rv3795 embB Ethambutol 1/1 (Pi	ure) (Silent) ure) (Neutral)	WGS TB RESISTANCE Delamanid/Pretomanid PASS Susceptible
4407590 205 GCA -> GCG Ala -> Ala RV3919c gidB Streptomycin 1/1 (Pu	ure) (Silent)	WGS_TB_RESISTANCE Clofazimine/Bedaguiline_PASS_Susceptible
		WGS TE RESISTANCE Bedaguiline PASS Suscentible
Number of mutation(s) found in screened loci = 37		

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# NON-TUBERCULOUS MYCOBACTERIA: OUTBREAK INVESTIGATION A

### **RELATEDNESS HEATMAP (# SNP)**



**PHYLOGENETIC TREE** 

Suspect patient isolates
 Environmental isolates (surgical equipment/suite)
 Outgroup (species-matched; from other hospitals in WI)

30000

20000

10000

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### • Phenotypic moxifloxacin susceptibility testing for MTBC

• 4 month HPMZ regimen



Morbidity and Mortality Weekly Report February 25, 2022

Interim Guidance: 4-Month Rifapentine-Moxifloxacin Regimen for the Treatment of Drug-Susceptible Pulmonary Tuberculosis — United States, 2022

• WSLH has begun validation of phenotypic moxifloxacin testing by MGIT

 Will become part of the standard TB DST performed at WSLH; no need to order separately!



- In 2021, WHO published updated critical concentrations for phenotypic susceptibility testing
  - Most phenotypic testing using current critical concentration (1µg/ml) misses low-level rifampin resistant strains
  - Treatment outcomes for patients with these strains is generally worse
- Change has not been adopted by CLSI or other US regulatory agencies
- WSLH has begun validation of the lower RIF critical concentration in preparation for potential switch

Technical Report on critical concentrations for drug susceptibility testing of isoniazid and the rifamycins (rifampicin, rifabutin and rifapentine)





WHO Collaborating Centre for Tuberculosis Laboratory Strengthening and Diagnostic Technology Evaluation





- PHMDC and Mayo Clinic
- WITB Program
- WSLH Mycobacteriology Laboratory Staff
- WSLH Sequencing Group
- WSLH Bioinformatics Group

## WSLH TB LABORATORY TEAM















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# QUESTIONS & ANSWERS



### APRIL 2, 2024 SESSION EVALUATION

Please complete the session evaluation using the QR Code or link below. We appreciate your feedback!

# http://tinyurl.com/WITBApril2

