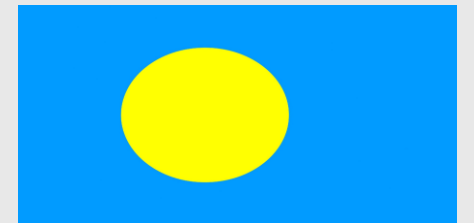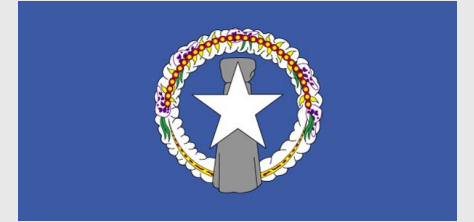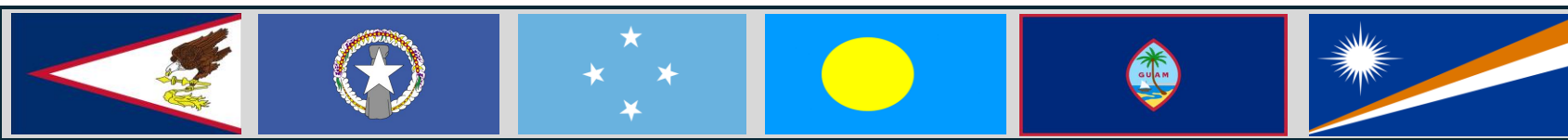# DOT/DOPT- Dealing with Difficult Patients (RMI)

Patrick Ronald / Josephine Aias
MAJURO TB PROGRAM STAFF NURSE
RMI Ministry of Health and Human Services
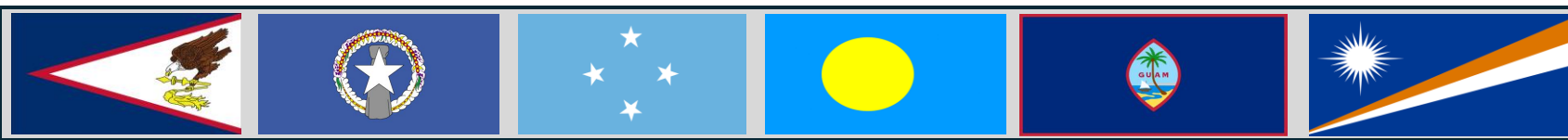
USAPI Regional TB Training 2024

DOT & DOPT

- DOT
  - Directly Observed Therapy
  - When a healthcare worker or other designated individual watches the patients swallowed the TB anti-drugs.

- DOPT
  - Directly Observed Prophylaxis Therapy
  - When a healthcare worker watches the patients swallowed the LTBI/Sleeping TB drugs.
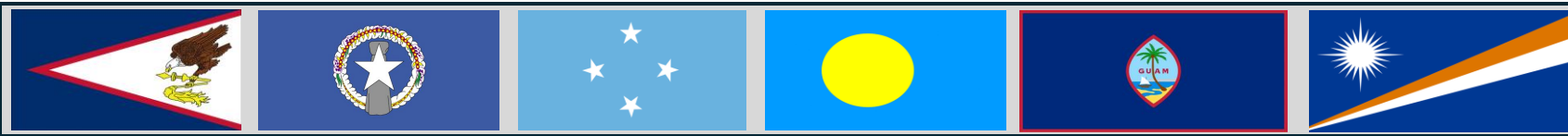
HOMEBOUND Visit

- Finding ADS Reaction

- Listening to complains

- TB tx. Education

- Building Relationships

- Appointment given and tracking
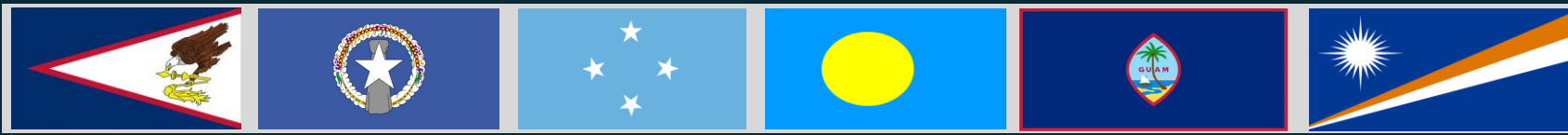
- TB tx. guidances and supports

Finding ADS Reactions

- Patients verbalized adverse reaction

- Bring in patients for further evaluation

- Follow Up Lab tests as tx. still on hold

- Resume TB tx. as ordered

- Continue help tracking patients to ensure treatment adherence

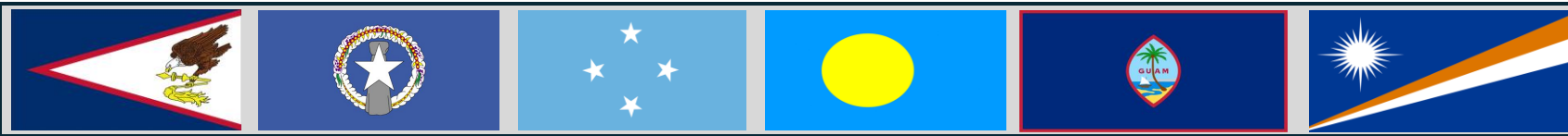- Monitor for any Active TB and LTBI Tx. Side Effect

Listening to complains

- Mostly about the ADS reactions

- TB Counseling on important of the tx. and duration

- Stigma

TB treatment Education

- Important of the active TB and LTBI treatment

- Tx. side effects

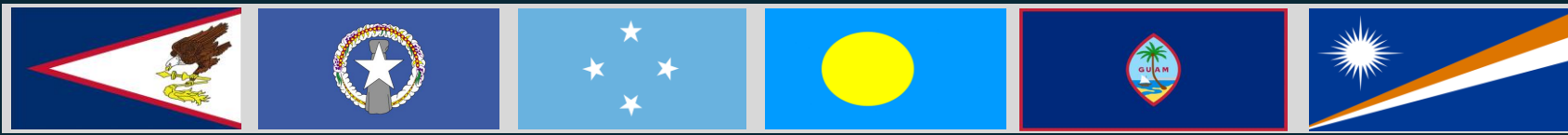- Tx. duration

- Tx. guidance and support

Building Relationships

- With patients and their families

- Trust and honesty are the key

- Will motivate patients for tx. completion

- Provide Social services

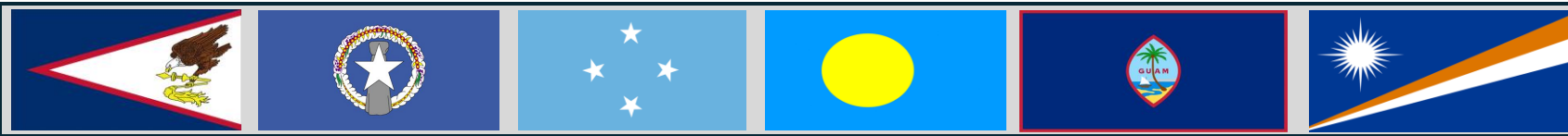- Offering Incentive and enablers to encourage adherence

Treatment Guideances and Supports

- Documentation of doses and complainings

- Tx. duration and completion

- Helping patient keep appointments

- Follow Up visits and Lab tests

- Patients Understanding of lab results

SUMMARY

- Takes both you're and patient's understanding of
  - patients diagnosis
  - important of TB treatment completion and duration
  - comorbidity and use of other medications

- Brought in to see/ consult with our NPs and Dr.Frank

- Keep reminding patients of his/her treatment

KOMOL TATA